My Story, the Short Version

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I'm going to do my best to consolidate my very complicated story into one post. Wish me luck: I am a 54 year old female.

I've been married for 25 years.

I am retired.

I spent almost 20 years as a police officer and investigator at a very busy, major metropolitan, police department. My husband spent 30 years at the same department. I worked patrol, narcotics, sex crimes, and internal affairs. I spent much of my career in an undercover capacity. I've responded to and/or investigated thousands of crimes and I've testified in court hundreds of times.

I am not a drug user, I do not use marijuana and rarely drink alcohol. I am not on any medications that could alter my state of mind. Despite some significant health challenges, I am fit and fairly healthy. I am not depressed. I have never been under the care of a psychiatrist. I've never had my mental health questioned. I am the type of person other people see as very stable and logical and analytical. I am the type of person other people consult for logical, sound, advice.

AND

I'm currently taking extreme measures to try to keep from being snatched out of my bed at night and sometimes from my livingroom, wide awake, DURING THE MIDDLE OF THE DAY, by the "aliens." Most people in my life have no idea about this side of my existence. Fortunately, (or not) my husband has had many of his own experiences, so I have someone to share with, which helps me keep my sanity and remain stable.

History:

My mother has had experiences with Hat Man, and is likely an abductee. My birth father and grandfather are likely abductees and were heavily involved with The Lady and De Nino. Yes, I know about the Bledsoe connection, but I am not afraid to say it out loud-these are all malevolent entities. When I was born, I was immediately sent to foster care. At 6 weeks old, I went to a second foster family. My new foster mother was told I was deaf and blind and "allergic to everything." My foster brother eventually married my birth mother and he adopted me. This isn't quite as weird in real life as it sounds.

My first remembered experience with "aliens" occurred at the age of 3.5 in the summer to fall of 1972, just outside the Naval Submarine Base in New London, Connecticut. At the time, my adoptive father was assigned to a nuclear powered special ops submarine. He still won't discuss much about his time in the service.

I've always been a lucid dreamer and I've been having out of body experiences since I was a child. I likely had a near death experience as a child. I had a tiny green entity living in my hand as a child. By this time, my mother had divorced and remarried, and my step-father was physically and psychologically abusive. By the time I was in fourth grade, I had the feeling I was being watched at all times, especially in the bathroom. I was terrified to take a shower and I had an incident around this age,

that, in hindsight, lead me to believe I was sexually abused by humans, or, non-human intelligence, or both, though I do not have explicit memories of such from that time period. During my childhood, I developed some deep seated fears that remained with me throughout my adult life. Some of the fears came from cataclysmic dreams I've had as long as I can remember. Some of the fears are of unknown origin.

I am in the process of overcoming these fears. My fear of showering, something living under the bed, closets, the pole shift, a giant tidal wave, a giant earthquake, bridges collapsing, and airplane crashes. As a young adult, I was afraid to sleep at night, so I would sit up all night long until it was daylight. As an adult, and up until very recently, I was known to set the house alarm and take a gun into the shower. Not just into the bathroom, but into the shower itself.

Back to my childhood-at the age of 17, I had my first conscious experience with Hat Man, and I have had countless negative experiences with shadow beings since then, which continue to this day. When I was in my 30's, I found my birth father online. Over time, I learned that whole side of my family was involved in some distinctly unsavory activities, including involvement with dark entities. Throughout my adult life, I continued to lucid dream and have out of body experiences, I was attacked by shadow beings on a regular basis, and I had a lot of unexplained health issues. My fears compounded instead of getting better. On the positive side, I was financially stable, I had a good career and marriage and I was surrounded by family. My nickname was, "Mother to the World."

I'll fast forward now, to my 50's. Right around that time, my husband and I were both retired and the pandemic was well under way. In 2021, we sold our home, left our entire family, and moved out of state. For the first time in my life, I had nothing to do, and no one to take care of. For the first time in my life, I turned my attention and focus to myself.

When I turned my focus to myself, I realized I wasn't lucid dreaming or going out of body much. I decided to explore this, and the first piece of advice I got was to write down my dreams. I was told writing down my dreams would open up communication between my right brain and left brain. This sounded like a great idea, and I had nothing else to do, so why not?

By the second week of writing down my dreams, I became worried about writing down my dreams, because they were so crazy, I didn't want anyone to ever find my dream journal, for fear they would find me a lunatic. Moreover, the more I wrote down my dreams, the more and more lucid I became during my dreams and the more and more I began to understand some experiences were **not dreams at all**. Fast forward to the part where I began to **wake up** to full lucidity and awareness, **just like you are awake right now,** reading this post, and I very reluctantly realized I was being abducted by "aliens." Once I realized what was going on, many pieces of my life fell into place and I understood this had been going on my whole life, since I was a child. I've now had over two hundred experiences with the "aliens" or non-human intelligence, in the last two years. During these events, I retain a degree of consciousness, despite their efforts at mind control.

To make this story even shorter, I will list a general overview of my experiences with the phenomenon: I have received downloads and lessons.

I have received audible messages.

I have had a lifetime of cataclysmic dreams and visions.

I have been to psychic school.

I have been levitated into a ship.

I have been experimented on.

I have been punished by being zapped with electricity.

I have been sexually assaulted.

I am currently still involved in some type of psychological testing.

I have met my own hybrid children.

I have taken care of hybrid children who are not mine.

I believe I have participated in the training of hybrids.

I have flown various types of craft, including personal hover craft.

I have had my consciousness transferred into other bodies.

This list is not all encompassing.

My years of investigate experience coupled with my countless number of conscious experiences has led me to arrive at some conclusions regarding the phenomenon. It's important to note, I originally thought the aliens were our space brothers from another planet. I did not start out in the negative alien agenda camp. I arrived here only after carefully examining my experiences.

Since arriving at **my own conclusions**, I've had the opportunity to read some of the abduction research, and to consult with researchers and other abductees, which served to validate and affirm my own ideas. Please note: The phenomenon is multifaceted and my conclusions below are referring to the greys, reptilians, mantids, Nordics, demonic, and shadow beings engaged in the abduction phenomenon. Higher forces to not abduct us from our beds. Full stop. Unfortunately, most abductees cannot see through the deception and overlays put forward by the negative forces and they are left with the impression they've had a positive or spiritual experience. This statement does not take away from or denigrate or diminish abductees who believe they've had a positive experience. They are being lied to and taken advantage of.

Keeping it short: IN GENERAL, the aliens are not from outer space and their agenda is negative. It involves spiritual warfare and a lengthy chess game between positive and negative forces. They are very interested in our souls. This includes stealing and trapping our souls as well as attempts at reverse engineering our souls. They are also obsessed with trying to figure out why some of us are somewhat resistant to their mind control technology. I believe this has to do with their future plans for the planet. They have seeded hybrids onto this planet and they plan to eventually take us down from the inside out. This may or may not include cataclysmic earth changes, a mass sighting, and eventual take down of the internet and electrical grid. The end of their plan involves luring humans into camps for food and water and medical care and internet access.

This is the plan the aliens have conveyed to some abductees. Please understand the aliens cannot be trusted, so everything they say is suspect. The plan they have put forward could be deception as well. Are there positive forces? YES, however, positive forces do not behave in the same way as negative forces. They do not abduct us from our beds at night. Positive forces act more like a mature, wise, well adjusted and securely attached parent. They know we have to sink or swim on our own, and bailing us out all the time negatively impacts our personal growth. They are very unlikely to respond to callings

such as CE-5 and they don't accept our awe and worship. They don't set themselves up as baby gods or encourage us to see them as our creators.

Could some or all of my experiences be our own government through black projects? YES, however, I've gotten decent at distinguishing between the two. I don't believe all of my experiences are the government, but some of them are MILABS and MKULTRA programming. Unfortunately, our government likes to experiment on alien abductees and use us for their own benefit under the guise of national security.

I hope this post conveys an overview of my story and my conclusions regarding the phenomenon. There's much more to it, but now you have an idea about where I'm coming from. That's all for now, thank you for reading.